

God's Word Is Food

Matt. 4:4

1. In several passages in the Bible, God's Word is compared to FOOD:

- a. Milk - 1 Pet. 2:2; 1 Cor. 3:1-2; Heb. 5:12-14
- b. Honey - Psalm 19:10; 119:103
- c. Bread - Matt. 4:4; 8:3; Isa. 55:10
- d. Meat - Heb. 5:14
- c. *Thy words were found, and I did eat them; and thy word was unto me the joy and rejoicing of mine heart: for I am called by thy name, O LORD God of hosts. (Jer. 15:16)*

Neither have I gone back from the commandment of his lips; I have esteemed the words of his mouth more than my necessary food. (Job. 23:12)

Receive, I pray thee, the law from his mouth, and lay up his words in thine heart. (Job 22:22)

2. God's Word is SPIRITUAL Nourishment. When they are eaten, God's will:

- a. Bring HEALTH to your flesh (Ps. 107:17-20; Prov. 4:20-22)
- b. Give you victory over SIN (Ps. 119:9-11)
- c. Provide Power over SATAN (1 John 2:14)
- d. Impart FAITH (Rom. 10:8-10, 17)
- e. F.F. Bosworth said: "Most Christians feed their bodies three hot meals a day, their spirits one cold snack a week, and they wonder why they are so weak in faith."

3. The purpose of "eating" the Word is to get the Word IN you - John 15:7; Matt. 12:33-37:

- a. **Every idle word** (pan rhma argon). An ineffective, useless word (a privative and ergon). A word that does no good and so is pernicious like pernicious anaemia. (A.T. Robertson).
- b. Jesus makes a similar statement in Matt. 15:16-20
- c. Mark 11:22-24 - If we have God's Word in our heart then we will not have any doubt in their and we will be able to operate in the power and ability conducive to the faith of God.

Insights:

The Word planted in the mind and in the heart, once acted upon, will lead to the EXPERIENCE that is promised as the result of fulfilling the condition.

You cannot change the past but through the Word of God and prayer you can change the results of the past.